

*Yeshiva University*  
*Presents a Community Weekend of Learning*  
**SPIRITUALITY: TUNING IN  
TO OUR EMOTIONAL SELF**



**March 28–30, 2008**

**Parshat Shmini-Parah**

*Hosted by the Young Israel of St. Louis*

*Featuring*

**DR. DAVID PELCOVITZ**

Gwendolyn and Joseph Straus Chair in Psychology at Yeshiva University's Azrieli Graduate School of Jewish Education, Education Special Assistant to the President of Yeshiva University, noted lecturer and author

**Friday, March 28**

9:45 PM • Friday Night Oneg Shabbat

at the home of Rabbi Moshe and Baila Shulman (8055 Amherst Avenue)

**What Makes Us Happy?: The Funds, Faith, Family and Friends of Happy People**

**Shabbat, March 29**

Lecture Following 9 AM Minyan

**Forgiveness & Healing: Letting Go of Anger at Home and in the Community**

5:45 PM • Lecture Before Mincha

**Dealing with Stress and Loss**

**Sunday, March 30**

**Community Lecture**

*In conjunction with the Young Israel of St. Louis, Block Yeshiva High School and Epstein Hebrew Academy*

9:15 AM • Registration & Coffee

9:30 AM • Dr. David Pelcovitz

**Spirituality in Our Schools**

All programs, unless otherwise noted, will take place at the Young Israel of St. Louis  
8101 Delmar Blvd. • St. Louis, MO 63130 • (314) 727-1880 • [www.youngisrael-stl.org](http://www.youngisrael-stl.org)

The Community Day of Learning is a program of the Legacy Heritage Fund  
Rabbinic Enrichment Initiative at Yeshiva University.



**Rabbi Isaac Elchanan  
Theological Seminary**

**Legacy Heritage Fund**  
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