

Yeshiva University
Presents a Community Weekend of Learning
**SPIRITUALITY: TUNING IN
TO OUR EMOTIONAL SELF**



March 28–30, 2008

Parshat Shmini-Parah

Hosted by the Young Israel of St. Louis

Featuring

DR. DAVID PELCOVITZ

Gwendolyn and Joseph Straus Chair in Psychology at Yeshiva University's Azrieli Graduate School of Jewish Education, Education Special Assistant to the President of Yeshiva University, noted lecturer and author

Friday, March 28

9:45 PM • Friday Night Oneg Shabbat

at the home of Rabbi Moshe and Baila Shulman (8055 Amherst Avenue)

What Makes Us Happy?: The Funds, Faith, Family and Friends of Happy People

Shabbat, March 29

Lecture Following 9 AM Minyan

Forgiveness & Healing: Letting Go of Anger at Home and in the Community

5:45 PM • Lecture Before Mincha

Dealing with Stress and Loss

Sunday, March 30

Community Lecture

In conjunction with the Young Israel of St. Louis, Block Yeshiva High School and Epstein Hebrew Academy

9:15 AM • Registration & Coffee

9:30 AM • Dr. David Pelcovitz

Spirituality in Our Schools

All programs, unless otherwise noted, will take place at the Young Israel of St. Louis
8101 Delmar Blvd. • St. Louis, MO 63130 • (314) 727-1880 • www.youngisrael-stl.org

The Community Day of Learning is a program of the Legacy Heritage Fund
Rabbinic Enrichment Initiative at Yeshiva University.



**Rabbi Isaac Elchanan
Theological Seminary**

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