



Young Israel of St. Louis

SHABBAT JANUARY 31ST 2026 – FRIDAY FEBRUARY 6TH 2026

13 SHEVAT 5786 – 19 SHEVAT 5786

PARSHAT BESHALACH

SHABBAT SHIRA

ANNOUNCEMENT SPONSORS

Sidney & Kathy Machefsky in honor of the IDF heroes and in thankfulness to HaShem for bringing home the last hostage in Gaza, Master Sergeant Ran Gvili HY"D.

The Bresler and Gellman families to wish Mom and Bubbie Rita a happy birthday full of good health and much nachas.

Danny & Sara Wachsstock to welcome and celebrate the Brit Milah of Chananya Moshe, son of Davita and Aharon Rosenbloom of Karmiel, Israel.

David & Sharon Pollack to commemorate the *yahrtzeits* of David's father, Sydney Pollack and Sharon's brother, Ronald Bolker.

Friday, January 30th

Candle Lighting – Mincha5:02 pm

Saturday, January 31st

Sof Zman Kri'at Shema 9:41 am

Shacharit – (Hashkama)..... 7:30 am

Parsha Class 8:15 am

Shacharit 9:00 am

Teen Minyan 9:30 am

Shabbat Youth Groups 9:30 am

Pre-Mincha Shiur 4:00 pm

“A Tale of Two Loaves” Shabbos Menu Requirements

Mincha 4:50 pm

Shabbat Ends..... 6:04 pm

V'shinantam..... 7:20 pm

Hashkama Kiddush:

Main Kiddush: Sponsored by Young Israel.

Seudah Shlishit: Sponsored by Lorraine Landy to commemorate the *yahrtzeits* of her father, Hertzel Yellin, and her father-in-law, Barney Landy.

V'shinantam: Our parent sponsors are Shmuli & Tamar Shulman and Joel & Debbie Garbow in honor of our amazing daughters/granddaughters - Lielle, Talia, and Nili.

Weekday Shacharit:

Sunday 8:00 am

Monday, Thursday 6:30 am

Tuesday, Wednesday, Friday 6:40 am

Mincha/Maariv 5:05 pm

UPCOMING YAHTZEITS

14 Shevat Tybie Davis	17 Shevat Sydney Pollack
14 Shevat Al Heiman	17 Shevat Hertzel Yellin
15 Shevat Ben Fredman	18 Shevat Ronald Bolker
15 Shevat Sara Geffen	18 Shevat Harry Horn
15 Shevat Barney Landy	18 Shevat Florence Paul
16 Shevat Ivan Miller	18 Shevat Ted Zeffren
16 Shevat Ely Waldman	
17 Shevat Chaya Renana Hirschhorn	

Refuah Shelaimah

מרים זלדה בת חנה	יהושע בן זהבה
מרים בת שרה	ברוך בן מאשא
סמריה בריאלה בת הינדא בוניא	משה בן יהודית שרה
ברכה אהובה בת חיה אסתר	נתן שלמה בן ברכה
דורית חנה בת אורה	משה אהרן בן לאה ביילה
רייזל גיטל בת רחל	אליעזר בן רויזא
חיה חמדה בת קירה	מיכאל אריה בן חיה רבקה
מעין גב ההר בת חיה חמדה	אברהם שמואל בן קרינדל יהודית
דבורה טובה בת חיה	דניאל צבי בן פייגא טויבא
בתיא עטא בת חנה פעשא	רפאל צבי בן חנה פארל
טובה בת בריינא רבקה	דוד אפרים בן דבורה
אלנה שרה בת אסתר לאה	משה ראובן בן שושנה צפורה
יעל בת שרה	דוד בן אלישבע יפה
ליטל מאירה בת איתנה מלכה	
אסתר ריילה בת משה לאה	
ברכה בת מינקה	
גילה ברכה בת מיכל אילנה	
מינדל בתיא בת חוה	

MAZAL TOV TO...

Orly Shanker on her Bat Mitzvah, to her parents **Jonathan & Naomi Shanker** and to her grandfather, **Gary Shanker**.

SHUL NEWS

THANK YOU TO:

- **SECURITY USHERS:** Eldad Bialecki and Seth Near.

V'SHINANTAM: January 31st, 7:20 pm, in the Young Israel Beit Midrash. Please notify the office if you would like to be a parent sponsor in the upcoming weeks.

YI BOOK CLUB: Our next book is *My Friends* by Fredrik Backman. Our meeting will be this Sunday, February 1st, at 7 pm at Lorraine Landy's home.

LIQUOR & LAUGHS: Motzei Shabbat, February 7th, 8:30 pm. Whiskey tasting with Dave Davis from The Wine and Cheese Place, delicious hot food catered by Ratner's, and an exciting

game of Kahoots! Cost: \$25 for hot Hors D'oeuvres only; \$35 for hot Hors D'oeuvres + whiskey tasting. RSVP at: <https://tinyurl.com/Liquorandlaughs26> by **Sunday, Feb 1st** (extended deadline).

Sponsorships are available:

- Whiskey = \$100 (comes with 1 whiskey admission ticket)
- Hors d'oeuvres = \$50
- Snacks = \$25
- Drinks = \$18

AMUD SHAVUIGEMARA SHIUR: Continues on Tuesday at 8:00 pm in the Young Israel Beit Midrash, studying the 1st chapter of Maseches Sotah.

YOUNG ISRAEL ANNUAL DINNER: Please join us Sunday, February 22nd, at the Clayton Plaza Hotel for our Annual Dinner, this year celebrating the Rabbinic Installation of Rabbi Dov and Sara Fink. Binyan Habayit Awardees: The Rabbinic Search Committee: Jonty Felsher, Chanan Freilich, Joel Garbow. Max Gornish, Robyn Haspel, Andy Koshner, Liz Rosen and Shani Wexler, and the Teen Chesed Awardee: Yehudah Greenberg. This year's dinner chairs are Elie & Aliza Freilich. The Journal chairs are Judy Haber and Devorah Stein.

Ad Blanks for the Dinner Journal have been emailed. **Please send in your ads to the office by February 5th.** The website for registration and ad submission is up and running at: <http://www.youngisrael-stl.org/articles/events/2026/dinner>.

YISTL D'VAR TORAH WHATSAPP GROUP: Please join to receive brief Divrei Torah shared at Young Israel after Shacharit and between Mincha/Maariv. We are currently studying Birchas HaTorah.

Sponsorship opportunities available.

<https://chat.whatsapp.com/Ib9BTxL9c0gLMhZ1MMTVVJ>

UPCOMING EVENTS:

Meet-N-Eat – Mark your calendars for a very special program! Wednesday February 25th, 11:30-1:00 pm, in the Young Israel Social Hall. Hearty lunch made by planning team chefs. Program featuring Arky Staiman live on Zoom from Israel! **“Heart to Heart with Arky: Reflections on War, Peace and Peoplehood from the perspective of a chaya, popular tour guide and social media personality”.** For all age groups and open to the community. Registration info to follow. Questions: Contact Liz Rosen, Debby Schuman or Tziona Zeffren.

COMMUNITY NEWS

SHOVAVIM SERIES FOR WOMEN: Taharath Israel, the St. Louis Mikvah Association, in conjunction with the St. Louis Kollel presents a 3-part halachic, hashkafic and practical Shovavim series for women given by Mrs. Mimi David, Wednesdays, February 11, and February 18, 8:15-9:15 pm, at the home of Shanna Klein, 8308 Amherst Ave. \$20 suggested donation for the series.

BLOOM & RISE: Batya presents a ladies babka baking Tu B'Shevat celebration benefiting United Hatzalah, and featuring Mandylicious & psychotrauma medic, Hadas Rucham. This Sunday, February 1st. Doors open at 6:45 pm, at The Gallery @

The District. \$54/person. Please register at: <https://batyastl.com/events/bloom-rise>.

TZNIUS SWAP: This Sunday! The tznius swap is this Sunday, February 1st, from 10:30-2 and 7-9 pm.

You can still drop off your clothes on Motzei Shabbos, 1/31, at Torah Prep Girls' School from 8-10 pm. (Signature required affirming clothing as having been **recently** examined will be available). If you have any questions, please reach out to Aliza Trevino 414-630-3605 or ntliza18@gmail.com.

ORTHODOX COMMUNITY DAY OF ADVOCACY – FEBRUARY 3: Rabbi Ze'ev Smason will be hosting the **Third Annual Orthodox Community Mission to the Missouri State Capitol** on Tuesday, Feb 3, 2026. This Day of Advocacy gives members of the Orthodox community the opportunity to meet with Missouri legislators and present traditional Jewish values on issues such as antisemitism, marriage & family, and the sanctity of life at 9:30 am–1:30 pm. **Location:** Missouri State Capitol, Jefferson City. To participate, contact Rabbi Smason.

BIKUR CHOLIM COOK-A-THON! As many are aware, local hospitals have limited or no kosher food options. While Agudath Israel of Missouri and the Vaad Hoer are working together on a long-term solution, Bikur Cholim is organizing a cook-a-thon to prepare and package Va'ad-certified kosher meals for Jewish patients in St. Louis hospitals.

We are looking for volunteers to help cook and pack meals. Menus, recipes, and ingredients will be provided.

Feb. 3 - at Nusach Hari - 7-10 pm

Feb. 8 - at U. City Shul - 3-6 pm

Click below to sign up or sponsor a meal! <https://forms.gle/7116s6Y7gnCvAqDM7>

SUNDAY MORNING WOMEN'S TEHILLIM GROUP: We ask all group members to say their tehillim from home. For more information or for tehillim to say, please call or text Marcia Esrig at 314-313-3677. The Tehillim hotline (names and updates) email is: ptjill@yahoo.com.

SHUL OFFICE & CONTACT INFO

www.youngisrael-stl.org

Office Hours: Mon, Fri 9:30 am – 2:30 pm, Tues, Wed, Thurs 11 am – 4 pm

Judy Haber, info@youngisrael-stl.org, 314-727-1880,

Rabbi Dov Fink: rabbi@youngisrael-stl.org

Education & Engagement Coordinator, Rabbi Jonny Fruchter:

fruchter.jonathan@gmail.com,

President, Max Oppenheimer: mioppenheimer@gmail.com

Weekly sponsorship opportunities:

Classic Kiddush (\$250),

Prime Kiddush (375), Seudah Shlishit (\$136), Hashkama Kiddush (\$40),

Weekday Learning (\$36), Announcements (\$36), Teen Minyan (\$36)

Youth Group Kiddush (\$36), V'shinantam (\$72),

Tribute cards: available in the office.

Purchase for the shul:

Siddur (\$72), RH or YK machzor (\$72 each) or Chumash (\$90) to honor or memorialize a friend or family member.

To receive shul emails, including weekly announcements and news about members, life-cycles and programs, send an email to: yistl+subscribe@groups.io with your request.

FACEBOOK: Like Our Shul's FACEBOOK page:

facebook.com/youngisraelstlouis

Join the WhatsApp group at:

<https://chat.whatsapp.com/HvHBBoogv8EsKIE9J6TpnP0>