



# Young Israel of St. Louis

SHABBAT MARCH 30<sup>TH</sup> 2024 – FRIDAY APRIL 5<sup>TH</sup> 2024

20 ADAR II 5784 – 26 ADAR II 5784

PARSHAT TZAV

SHABBAT PARAH

## ANNOUNCEMENT SPONSORS

Sybil Carmen to thank the Young Israel Family for the Esther's Express box that she received on Purim.

### Friday March 29<sup>th</sup>

Mincha/Maariv.....7:00 pm  
Candle Lighting .....7:04 pm

### Saturday, March 30<sup>th</sup>

Sof Zman Kri'at Shema.....9:57 am  
Shacharit – (Hashkama).....7:30 am  
Parsha Class.....8:15 am  
Shacharit.....9:00 am  
Teen Minyan.....9:30 am  
Shabbat Youth Groups.....10:00 am  
Pre-Mincha Shiur (Rabbi Shulman).....5:55 pm

כי יצר לב האדם רע מנעריו

Is Man Inherently Good or Inherently Evil?

Ralph and Annette Raskas Snif Bnei Akiva: .....5:55 – 7:10 pm  
Mincha.....6:55 pm  
Shabbat Ends.....8:06 pm

**Hashkama Kiddush:** Sponsored by Aaron Fredman in honor of his three newest great-granddaughters.

**Youth Group Kiddush:** Sponsored by Chanan & Ayalah Freilich in honor of the wonderful youth leaders.

**Main Kiddush:** Sponsored by Ruth Asher, Yaakov Levy, Barry Needle, Danny Wachsstock and Janet Weinberg on the occasion of the *yahrtzeit* of the Aruch Hashulchan, and by the Tuesday evening Tanach class in honor of completing Sefer Tehillim after 12 years.

**Seudah Shlishit:** Sponsored by Howard & Jackie Oppenheimer to commemorate the *yahrtzeit* of Howard's grandfather, Gustav Oppenheimer.

### Weekday Shacharit:

Sunday.....8:00 am  
Monday, Thursday.....6:30 am  
Tuesday, Wednesday, Friday.....6:40 am

Mincha/Maariv.....7:10 pm

## UPCOMING YAHRTZEITS

24 Adar II Frances Feldman      26 Adar II Shlomo Fredman  
24 Adar II Gustav Oppenheimer      26 Adar II Edward Ruckel

## Refuah Shelaimah

מרים זלדה בת חנה	הושע בן זוהבה
אסתר בת רות	ברוך בן מאשא
מרים בת שרה	חגי בן רחל
שרה חנה מרים פועה בת מריסיה	משה זאב בן אסתר
אסתר נסיה בת לאה רחל	יצחק בן יוכבד
דבורה עלקא בת מרים ליבא	משה בן יהודית שרה
סמריה בריאלה בת הינדה בונייה	נתן שלמה בן ברכה
ברכה אחובה בת חיה אסתר	שראגא בנימין בן בת-שבע
אסתר בת שרה פייגה	יעקב בנימין בן דליה
יהודית בת פייגה פערל	שמחה משה בן יהודית
דורית חנה בת אורה	משה אהרן בן לאה ביילה
רייזל גיטל בת רחל	אליעזר בן רויזא
שאנה נסיה בת רחל הינדל	מאיר ראובן בן חיה בינה
ארבל טובה בת עניאל תמר	
חיה חמדה בת קירה	
מעין גב ההר בת חיה חמדה	

## MAZAL TOV TO...

**Barbara & Marty Ast** on the birth of a grandson born to Lisa and her husband in Baltimore.

## SHUL NEWS

**THANK YOU:** Thank you to our kiddush volunteers this week: Vicki Redler Chervitz & Ellen Siegel.

**YOUTH GROUPS:** Please contact the office if you would like to sponsor the Youth Group Kiddush for \$36.

**YOUNG ISRAEL HISTORY PROJECT:** An effort is being made to gather information about the history of Young Israel of St Louis with the goal of creatively sharing it with our past, present, and future membership. Any memories/stories, pictures, memorabilia, etc are welcome. Please contact Betsy Zimbalist or Andy Koshner if you would like to participate. Please see the flyer for further details.

**“UNITED 4 NEW TREES OF LIFE”:** YI is proud to join the worldwide "United 4 New Trees of Life" to commemorate the victims of Oct 7 by planting 12,000 new fruit trees in Israel in the western Negev region. As a Shul community, if we plant an orchard of 100+ trees, a personalized sign will be installed at the entrance of our orchard visible to all visitors. **To date, we have 77 trees planted in our orchard!** Please use the link below to order so that your contribution can be included as part of the Shul's effort. Please feel free to forward this email with our unique tracking link to your family and friends as well.

<https://www.israeltrees.org/United4NewLife/?a=dg-YoungIsrael-stl.org>

**YI BOOK CLUB:** The next meeting of the YI Book Club is Sunday, March 31<sup>st</sup>, 7 pm, at the home of Jackie Gerson, discussing *Night Angels* by Weina Dai Randel. Please contact Maurie Axelbaum or Glenna Gelfand for more information.

**SHABBAT MEVORCHIM KIDDUSH:** Shabbat, April 6<sup>th</sup>. For only \$36 (or more), you can honor a birthday, anniversary, *yahrtzeit*, or say thank you, etc. Sponsors will be noted on a poster in the lobby and attached to the announcements. Please contact the office (314-727-1880 or [info@youngisrael-stl.org](mailto:info@youngisrael-stl.org)) by **Tuesday, April 2<sup>nd</sup>** to ensure your name on the poster.

**PESACH GUIDES:** The CRC Pesach Guides have arrived and are available in the office.

**SPECIAL GUEST SPEAKER:** As part of the St Louis Kollel Community Shabbat on April 6<sup>th</sup>, we are happy to host former St. Louisan Rabbi Dovid Heber for the Pre-Mincha Shiur at 5:45 – 6:45 pm: “The 2024 Missouri Solar Eclipse: In Halacha, Aggadah & Science”.

**ALSO ON APRIL 6<sup>TH</sup>:** Our guest speaker at Seudah Shlishit on April 6<sup>th</sup> will be Eliad Ben Shushan. Since August 2016, Eliad has been the director of Yokneam Megiddo - Atlanta St. Louis Partnerships, and since September 2020 he has been the Federations' representative in Israel. He has also served as the Senior Community Shaliach of 12 communities in the United States.

**CPR CLASS #2:** We will be having another class in CPR, AED, and First Aid Training on Monday, April 8<sup>th</sup>, 7:15 pm, in the YI Social Hall. Please contact Aliza Freilich to reserve a spot at 201-966-8242 or [Aliza.Freilich@gmail.com](mailto:Aliza.Freilich@gmail.com).

**SAVE THE DATES** – Stay tuned for more details:

Pre-Pesach Women's Division Shabbat Lunch: April 20<sup>th</sup>.

Young Israel Annual Dinner: Wednesday, June 5<sup>th</sup>. Honorees will be announced next week.

### **JSU NEWS**

JSU presents “Israel & Anti-Semitism: Past. Present. Future”. Open to all high school students, at Cong Bnai Amoona, on 7 Monday nights in, March & April, starting with a pizza dinner at 6:45 pm. See flyer for dates. Contact Rabbi Mike if you have any questions at 314-498-6279.

**THE JEWISH STUDENT UNION IS PROUD TO PRESENT: THE 4TH ANNUAL MEAT UP! (aged 21+):** Sunday, May 5<sup>th</sup>, 6:00 - 9:00 pm at Amp Up Action Park, 13901 Manchester Rd. Guests will enjoy the finest in kosher smoked meats and BBQ with celebrated pitmaster Jon Rubin, Sushi with sushi chef Aharon Edelstein, Axe Throwing, Go Carts, High Ropes Course, Laser Tag, Custom Rolled Cigars, Top Shelf Adult Beverages, S.W.A.G., Jon's Secret Meat Rub, Special Surprises and more! \$136/person. RSVP at [www.jsustl.org/Meatup444](http://www.jsustl.org/Meatup444). Sponsorships are available. Please contact Alana at 314-303-0861 or [alanam@jsustl.org](mailto:alanam@jsustl.org).

### **COMMUNITY NEWS**

**MIKVAH CAMPAIGN:** The mikvah is in dire need of funds and must raise at least \$75,000 to cover an urgent repair expense and close the annual gap for ongoing expenses. So far, we have raised \$17,500 of the \$75,000. Please consider a thoughtful donation to help sustain our mikvaot. All donations are tax deductible. You may donate online at [STLMikvah.org/donate](http://STLMikvah.org/donate) or send a check payable to Taharath Israel of St. Louis, 4 Millstone Campus Drive, 63146.

**HAFRASHAS CHALLAH EVENT:** U. City N'shei presents Mrs. Suri Jaroslowitz “The Challah Lady” on Sunday, March 31<sup>st</sup>, 8:00 pm, at U. City Shul. This event is intended for Adult Women only. Cost: \$15. Bring your own 5-pound dough (recommended but not necessary).

**CANCER AWARENESS PROGRAM:** Hamsa Wellness Community, the Cancer Support Community of Greater St. Louis, and St. Louis Ovarian Cancer Awareness invite you to learn about hereditary cancers and genetic counseling on Thursday, April 4<sup>th</sup> at the J's Staenberg Family Complex. Light refreshments at 5:30 pm and the program begins at 6:00 pm. For more information or to register go to: [event website](http://event website).

**AIPAC PRESENTS:** Come and Meet Pro-Israel Candidate, Wesley Bell, on Wednesday, April 17<sup>th</sup>, 7:00 pm. Venue tbd. RSVP is requested at: [www.aipac.org/stl-event](http://www.aipac.org/stl-event).

**NISHMAT MISSION:** Every summer, Nishmat runs a three-week long text-based learning summer program for women of all ages and stages. This summer, they are having their usual program, but combining it with volunteering and other solidarity mission-type activities. There are options of joining for just one or two weeks or for all three and options for all levels of learning. For more information or to register, go to: <https://nishmat.net/programs/summer2024/>.

**SUNDAY MORNING WOMEN'S TEHILLIM GROUP:** We ask all group members to say their tehillim from home. For more information or for tehillim to say, please call or text Marcia Esrig at 314-313-3677. The Tehillim hotline (names and updates) email is: [ptjill@yahoo.com](mailto:ptjill@yahoo.com).

### **SHUL OFFICE & CONTACT INFO**

[www.youngisrael-stl.org](http://www.youngisrael-stl.org)

Office Hours: Mon, Fri 9:30 am – 2:30 pm, Tues, Wed, Thurs 11 am – 4 pm

Judy Haber, [info@youngisrael-stl.org](mailto:info@youngisrael-stl.org), 314-727-1880,

Rabbi Moshe Shulman: [shulman@milah.net](mailto:shulman@milah.net)

Education & Engagement Coordinator, Rabbi Jonny Fruchter:  
[fruchter.jonathan@gmail.com](mailto:fruchter.jonathan@gmail.com),

President, Max Oppenheimer: [mioppenheimer@gmail.com](mailto:mioppenheimer@gmail.com)

**Weekly sponsorship opportunities:** Classic Kiddush (\$250),

Prime Kiddush (\$375), Seudah Shlishit (\$136), Hashkama Kiddush (\$40),  
Mishmar (\$36), Announcements (\$36), Teen Minyan (\$36)

Youth Group Kiddush (\$36), V'shinantam (\$72),

**Tribute cards:** available in the office. **Purchase for the shul:**

Siddur (\$40), RH or YK machzor (\$50 each) or Chumash (\$60) to honor  
or memorialize a friend or family member.

To receive shul emails, including weekly announcements and news about  
members, life-cycles and programs, send an email to:

[vistl+subscribe@groups.io](mailto:vistl+subscribe@groups.io) with your request.

FACEBOOK: Like Our Shul's FACEBOOK page:

[facebook.com/youngisraelstlouis](http://facebook.com/youngisraelstlouis)

Join the WhatsApp group at:

<https://chat.whatsapp.com/HvHB0ogv8EsKIE9J6TnpO>